



## **No Surprises Act: Good Faith Estimate 2022**

Effective January 1, 2022, health care providers, including mental health providers, must comply with consumer protections and disclosure processes, specific to health care service fees, in an effort to reduce surprise medical billing.

This mandate requires that health care providers, including counselors, provide uninsured or self-pay clients/patients with an estimate of expected charges before services are provided. This estimate must be provided before the provision of services to both new and existing clients and must include anticipated charges for the service being provided and for any other items or services that are projected to be part of the same scheduled care experience or service.

### **Client Rights:**

- As a client/guardian, you have the right to receive a “Good Faith Estimate” explaining how much your medical care will cost.
- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- Make sure your health care provider gives you a Good Faith Estimate in writing at least 1 business day before your medical service or item. You can also ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or call 1-877-696-6775.